



Healthy Meals Served Here!

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| Week 1 (Feb 23, Mar 16, Apr 13, May 4, May 25) | <u>Breakfast</u> Cereal/Grahams Cereal Bar/String Cheese Breakfast Pizza Mini Pancakes Honeybun | <u>Lunch</u> Hamburger Hotdog Yogurt Snack Pack BBQ Sandwich Corndog | <u>Vegetables</u> Each week you will receive vegetables which fit into our USDA meal pattern: Red/Orange Dark Green Dried Bean Other ("Clear" Veggies) Starchy <u>Fruit</u> You'll receive fruit and fruit juice for breakfast & as well as fruit for to go with lunch for each day. <u>Milk</u> You'll receive a chocolate and white milk for each day! Enjoy! |
| Week 2 (Feb 9, Mar 2, Mar 23, Apr 20, May 11) | <u>Breakfast</u> Poptart/String Cheese Cereal/Grahams Apple or Cherry Strudel Cinnamon Swirl Honeybun | <u>Lunch</u> Mini corndogs Mozzarella Sticks/Marinara Chicken Fillet Sandwich Beef/Cheese Nachos Personal Cheese Pizza | <u>Fruit</u> You'll receive fruit and fruit juice for breakfast & as well as fruit for to go with lunch for each day. <u>Milk</u> You'll receive a chocolate and white milk for each day! Enjoy! |
| Week 3 (Mar 9, Mar 30, Apr 27, May 18) | <u>Breakfast</u> Poptart/String Cheese Cereal/Grahams Pancake/Sausage Stick French Toast Sticks Donut | <u>Lunch</u> Pizza Sticks/Dipping Sauce Hamburger Chicken Nachos Popcorn Chicken/Garlic Toast Chicken & Rice Casserole | <u>Milk</u> You'll receive a chocolate and white milk for each day! Enjoy! |



WCSD School Nutrition professionals are honored to serve our community!