



## Healthy Meals Served Here!

	<b><u>Breakfast</u></b>	<b><u>Lunch</u></b>	<b><u>Vegetables</u></b>
Week 1 Aug 11, Sept 1	Cereal/Grahams Cereal Bar/String Cheese Breakfast Pizza Mini Pancakes Honeybun	Hamburger Hotdog Yogurt Snack Pack BBQ Sandwich Corndog	Each week you will receive vegetables which fit into our USDA meal pattern:  Red/Orange Dark Green Dried Bean Other (Clear Veggies) Starchy  <b><u>Fruit</u></b> You'll receive fruit for breakfast & lunch each day.  <b><u>Milk</u></b> You'll receive a chocolate and white milk for each day!  Enjoy!
Week 2 Aug 18, Sept 8*	<b><u>Breakfast</u></b> Poptart/String Cheese Cereal/Grahams Apple or Cherry Strudel Cinnamon Swirl Honeybun	<b><u>Lunch</u></b> Chicken/Cheese Quesadilla Flatbread Mozzarella Sticks/Marinara Chicken Fillet Sandwich Beef/Cheese Nachos Personal Cheese Pizza	
Week 3 Aug 25, Sept 15	<b><u>Breakfast</u></b> Poptart/String Cheese Cereal/Grahams Pancake/Sausage Stick French Toast Sticks Donut	<b><u>Lunch</u></b> Pizza Sticks/Dipping Sauce Hamburger Chicken Nachos Popcorn Chicken/Garlic Toast Chicken & Rice Casserole	



\*\* We are only able to provide 4 breakfasts and 4 lunches for Labor Day week.

*Walton County School Nutrition professionals are excited to serve digital learners!*